SPARK YOUR CREATIVITY

Build skills, stretch your creativity, and make new friends!

NORTHWEST FAMILY YMCA

Open to Age 55+ only. Members and non-members.

ART HISTORY EXPLORATIONS
Fridays from 10:30am - 12:15pm. Meets Nov 8, 15, 22, & Dec 6, 13, 20. $30 Member / $45 Non-Member
Hands-on creation of 2 and 3-dimensional works of art explored through a wide variety of world art history movements. Students will make multiple “mini-works” emulating the style of artists and cultures throughout history as well as an exposure with a variety of media and techniques.

WRITING YOUR BIG STORY
Wednesdays from 10:00-11:30am. Meets Oct 30, Nov 6, 13, 20, 27, Dec 4, 11, & 18 in the Kaye Center $25 Member / $40 Non-Member
No class on Thanksgiving! In this series, writers will build upon their basic story-telling skills to write and polish one major work in the creative nonfiction genre. We will use a workshop model to share writing and seek responses from our colleagues.

CERAMICS: EXPLORING SURFACE DESIGNS
Mondays from 12:30-2:30pm. Meets Nov 4, 11, 18, 25, Dec 2, 9, 16, & 23
(Last week will be a pot-luck!) $45 Member / $60 Non-Member
This class gives you the opportunity to learn hand building techniques to make functional and decorative pieces out of clay that we will enhance with various surfaces decorations. You will learn techniques in carving, painting, printing and more on pottery to make beautiful finished projects.

These programs are made possible through funding by Aroha Philanthropies. Arts education programs – those that inspire and enable older adults to learn, make and share the arts in ways that are novel, complex and socially engaging – are a subset of the broad field of creative aging. They are led by teaching artists whose creative process and understanding of older adults bring connection, improved health and well-being, and a renewed sense of purpose to older adults in community and residential settings. Aroha Philanthropies champions arts programs that keep us vital, joyful and engaged by unleashing the transformative power of creativity in those 55+.