NORTH AREA FAMILY YMCA
4775 Wetzel Road, Liverpool, NY (315) 455-2562

EARLY REGISTRATION FOR CURRENT PARTICIPANTS ONLY: 11/21/19 – 11/28/19
OPEN REGISTRATION FOR ALL: 11/29/19

North Area Family YMCA Youth Dance Classes include an off-site recital complete with costumes! Please note that prices include costume fees. Tentative recital date – May 15. However, if your tiny dancer is not ready to be up on stage, we have a class for them, too! To register, select classes below, fill out form on reverse and return to Member Service Desk, or register online at ycny.org.

WINTER/SPRING 2020
Session :: Jan 19 – Recital May 15 (tentative)
30-min classes :: $155 Members
$195 Youth Members
$230 Non-Members

45-min classes :: $230 Members
$270 Youth Members
$340 Non-Members

NEW, BIGGER MULTI-CLASS DISCOUNT!
$20 off your second class!
$50 off your third class!
Multiple classes for THE SAME dancer. Cannot be combined with other discounts.

Member Services note:
Please use Youth Dance adjustments in Daxko.

THURSDAY CLASSES

_ 6:00-6:30pm :: Kinder Ballet (3-5yo)
  Skills: 1st & 2nd position; chassé; demi & grande plié; marching walk; intro to leaps

_ 6:30-7:00pm :: Creative Movement (5-7yo)
Get creative! This class will include elements from ballet, jazz, hip-hop and tumbling! Skills: Step digs; pony switch steps; forward roll with arm adjustments; beginner cartwheel; combo tumbling

_ 7:00-7:30pm :: Jazz & Hip Hop (8-14yo)
Skills: Pivoting; open & closed jazz squares; grapevine; jazz walk/run; drag step

SUNDAY CLASSES

_ 11:30am-12:00pm :: Advanced Ballet (11-14yo)
Skills: Leaps; calypso; torchete; chaines turns; illusions

_ 12:00-12:45pm :: Ballet/Tap Combo (3-4yo)
Learn the basics of ballet AND tap while taking part in TWO recital routines! One convertible costume included.

_ 12:45-1:30pm :: Ballet/Tap Combo (5-8yo)
Learn the basics of ballet AND tap while taking part in TWO recital routines! One convertible costume included.

_ 1:30-2:00pm :: Cheer Dance (6-11yo)
Learn the high energy steps used in cheerleading routines.
  Skills: Toe touches; full cartwheel; bridge with leg lift and kick over; handstands; tri-pods

_ 2:00-2:30pm :: Irish Dance (6-11yo)
Try this popular classic dance form that is also great exercise!

YOUTH DANCE CLASSES
WINTER/SPRING 2020: January 19th – May 15th

Child too young for our recital dance programs, or not ready to take the big stage? Let them try out dance with you by their side in our 6-week Dance Starters class!

Fall 1 Session :: Jan 24 – Feb 28
__ Thursdays, 5:30–6:00pm
$68 Members / $108 Non-Members
Age 2–4 with Adult

A great first introduction to dance! Designed as a shared experience for child and adult partner. Children gain coordination and body awareness in a fun social setting. Parents/guardians will enjoy making memories with their little ones while also being in the company of other adults.

***Not eligible for discounts.***
New and improved offerings including sequential classes designed for ongoing skill development and confidence building. Classes include warm-up and stretching, skills practice, and development of a routine to be performed at a recital in December.

**EXPLORATION CLASSES (Pre-K)**
Creative Movement, Tumbling Tots & Kinder Ballet
A first introduction to movement and flexibility. Through progressive tumbling and balance practice in a fun, safe environment, every child can have a positive experience. Participants will improve coordination and gross motor skills while learning in a structured social setting.

**FOUNDATION CLASSES (Grades K-2)**
Creative Movement II, Tumbling Stars, & Foundation of Ballet, Tap, & Jazz/Hip Hop
Classes build on Exploration Level skills while introducing more formal dance terminology and poses. Participants will gain a solid foundation in the basics of dance, while improving balance, flexibility, strength, and coordination.

**INTERMEDIATE CLASSES (Grades 3-5)**
Ballet, Tap, Jazz/Hip Hop & Acro
Poses, postures and terminology from Beginner Classes are perfected, while advanced skills are introduced. Recital routines are choreographed to be challenging while highlighting students strength and growth, and build confidence on stage.

**ADVANCED CLASSES (Grades 6+)**
Ballet, Tap, Jazz/Hip Hop & Acro
Challenge participants to improve their strength and formal dance aptitudes, while encouraging creative expression through appropriate practice and choreography. Individualized attention will help students master more difficult techniques and prepare them to shine on stage.

**Program Refund Policy**
Refunds will be issued if notice is given within three business days prior to the start date of the program. Once the program has started there will be no refunds issued. The YMCA reserves the right to cancel a program that does not have the minimum enrollment. Programs cancelled by the YMCA will be refunded in full by check or as a program credit, based upon member’s preference. All refunds must be made through the director of the program.