FOR MORE INFORMATION:
Brittany Zacharias – Aquatics Director
315.637.2025 ext. 217
bzacharias@ymcacny.org

Evelyn White – Swim Lesson Coordinator
315.637.2025 ext. 226
ewhite@ymcacny.org

Emma Simonson – Lifeguard Coordinator
315.637.2025 ext. 241
esimonson@ymcacny.org

SWIM ASSESSMENTS
Not enrolled in our current session?
Here’s what you need to do!

- Visit our website at ycny.org and click the My Account button in the upper right-hand corner to sign in.
- Click Programs, and search Swim Assessments to sign up for an available time slot.

Swim Assessment Procedure:

- Any non-swimmer (has not received a yellow or green swim band) will need an adult or responsible sibling (Age 16+) in the water with them for their swim assessment.
- If there is not an adult or responsible sibling prepared in the water with the non-swimmer you will forfeit your assessment time and need to re-schedule
- Our Aquatics Supervisor will assess participants from the deck and assign your swim stage based on skills shown.
- Once the assessment is completed you will receive a half sheet with your assessed swim stage that you can use for registration. If you choose not to register at the time of your assessment you will need to save the assessment sheet to sign up for future swim lesson sessions

* Non toilet trained individuals will need to wear a swim diaper, rubber/plastic pants, and a swimsuit over top per our swimwear policy. *

SWIM LESSONS
On Deck Registration for those currently enrolled or on a wait list:
Sunday 2/9: 10:00am-12:30pm
Monday 2/10: 10:00am-12:00pm, 4:00-8:00pm
Tuesday 2/11: 10:00am-12:00pm, 4:00-8:00pm
Wednesday 2/12: 4:00-8:00pm
Thursday 2/13: 10:00-12:00pm, 4:00-8:00pm
Friday 2/14: 4:00-8:00pm
Saturday 2/15: 8:00am-1:00pm

Can’t make your lesson during On Deck Registration Week?
- Stop in on a different day during our office hours.
- Call us in the office at 315.637.2025 ext. 226 before Saturday 2/15 at 1pm.
- Email us at: bzacharias@ymcacny.org before Saturday 2/15 at 1pm.

*All registrations of current participants are due no later than 1pm on Saturday 2/15 to maintain priority registration.

All participants who are wanting to register for swim lessons are required to take a swim assessment for correct stage placement. We require the assessment to be completed within 3 months of when registering for lessons so the participant will have the best placement and experience.

HOMESCHOOL PROGRAMS

Homeschool Swim & Gym
Tuesday 11:15am-12:30pm
- Ages 5-8 Swim from 11:15-11:45
- Ages 9-12 Swim from 12:00-12:30

Junior Lifeguarding
Thursday 11:30am-12:00pm
- Ages 12-15

Participants will have the opportunity to strengthen their swimming endurance and develop basic lifeguard skills.
PRIVATE SWIM LESSONS

Private lessons are an individualized plan to help participants succeed. Students will work with an instructor one on one to develop their swimming skills and goals. All lessons are 30 minutes in length.

- A separate registration is required and is available at member services.

Please contact our Private Lessons Supervisor, Crystal Beebe, at cbeebe@ymcacny.org for more information.

Private Swim Lessons
Ages (3+) Dates/Times are scheduled by instructor based off participant availability.

- $150 for 6 half hour lessons for members
- $260 for 12 half hour lessons for members
- $30 for 1 half hour lesson for members

Family Private Swim Lessons
Ages (3+) Dates/Times are scheduled by instructor based off participant availability.

The group can be made up of children and adults for a maximum of 4 students in each group per session.

BIRTHDAY PARTIES

We offer two packages for pool birthday parties.

- **Package 1**: Includes free play in the pool during our open pool hours. We will provide one lifeguard and two pool party staff members. There must be one adult in the water for every five children in the water.
  - Price $250 – includes up to 15 children, additional cost for additional children.

- **Package 2**: Includes free play or structured games led by our staff members in the pool, as well as use of the water slide. We will provide one lifeguard and three pool party staff members. We will provide one staff member for every five children in the water so that parents are not required to be in the water.
  - Price $350 – includes up to 15 children, additional cost for additional children.

Please contact our Birthday Party Coordinator, Jamie Schleicher, at jschleicher@ymcacny.org for more information.

CERTIFICATIONS & TRAINING

We offer a variety of certifications and training courses.

**CPR for the Professional**
Members $70 Non-Members $140
- March 10 6:30pm – 10:00pm
- March 23 6:30pm – 10:00pm
- April 7 6:30pm – 10:00pm
- April 20 6:30pm – 10:00pm

**First Aid**
Members $60 Non-Members $120
- March 19 6:30pm – 9:00pm
- April 16 6:30pm – 9:00pm

**Lifeguard Full Course**
Participants will develop lifesaving skills. You will receive certifications in the following: Lifeguarding, CPR/AED, First Aid, and Oxygen.

Must attend all three days of course
Members $275 Non-Members $380
- February 21 6:30pm – 10:00pm
- February 22 10:00am – 6:00pm
- February 23 10:00am – 6:00pm
  - March 13 6:30pm-10:00pm
  - March 14 10:00am – 6:00pm
  - March 15 10:00am – 6:00pm
- March 27 6:30pm-10:00pm
- March 28 10:00am – 6:00pm
- March 29 10:00am – 6:00pm
  - April 3 6:30pm-10:00pm
  - April 4 10:00am – 6:00pm
  - April 5 10:00am – 6:00pm
- April 24 6:30pm-10:00pm
- April 25 10:00am – 6:00pm
- April 26 10:00am – 6:00pm

**Lifeguard Recertification**
Participants will recertify their lifeguarding and receive new certifications.

Members $150 Non-Members $225
- March 1 8:00am-6:00pm
- April 11 8:00am-6:00pm